

## LSVT BIG

LSVT BIG is an intensive physical therapy approach for patients who have been diagnosed with Parkinson's disease.

Results include improved motor function, including speed and step length, balance and daily living activities which leads to a better quality of life. The treatment consists of four consecutive weeks of one hour sessions four times a week.

## Kinesio Taping

Kinesio taping alleviates discomfort and helps lymphatic drainage by lifting the skin to allow for better blood and lymphatic fluid flow. This treatment reduces inflammation, prevents injury and promotes good circulation and healing.

## Dry Needling

Dry Needling alleviates both acute and chronic pain by using a fine needle inserted into the muscle to improve pain. Common diagnoses that benefit from this procedure are: chronic migraines, chronic low back pain, and trigger points.



## Manual Therapy

Manual Therapy offers a hands-on approach to improve ailments causing both acute and chronic pain. Massage and joint mobilization are used to improve muscle integrity and joint mobility.

## Swing Bed Rehabilitation

Swing Bed Rehabilitation enables patients to stay in the hospital setting to receive a variety of treatments including physical, occupational and speech therapies, care for wounds that are not healing, treatment of respiratory problems, management of chronic health conditions and care following a stroke, major surgery or orthopedic injuries including joint repair or replacement.

## Referral

A doctor's referral is necessary prior to receiving any of these services.

## Hours of Operation

Services are available 8:00am – 4:00pm  
Monday through Friday.

## Contact Us

To make an appointment or for more information contact Abbeville Area Rehab & Wellness at 366-2187.

# Rehabilitation Services



*Abbeville Area Rehab & Wellness Center*  
*428 Thomson Circle*  
*(864) 366-2187*  
*[www.AbbevilleAreaMC.com](http://www.AbbevilleAreaMC.com)*

At the Abbeville Area Rehab & Wellness Center, we offer a complete range of services to help you feel better fast! From strains to sprains to surgery, we provide compassionate care, close to home. Even if you have surgery at a different hospital or if your doctor is located in a different town, you can still have your services at Abbeville Area Rehab & Wellness! Just ask your doctor to refer you to us.

## Our Facility

The Abbeville Area Rehab & Wellness Center features private treatment rooms, an indoor walking track, cardio equipment, weight machines and free-weight area.

## Our Team

Our licensed Physical, Occupational, and Speech Therapists will design and carry out a personalized plan of care to meet your rehabilitation needs in a warm, caring environment. We provide patients, families, and caregivers with the resources, training and support needed to guide them through the recovery process. Our goal is to help patients achieve the highest level of function, independence and quality of life possible following treatment.

## Our Services

Services include:

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- LSVT-BIG Parkinson Disease Therapy
- Kinesio Taping
- Dry Needling
- Manual Therapy
- Swing Bed Rehabilitation

### Physical Therapy

Physical Therapists treat patients who have problems that affect their ability to move and function. Treatments may include exercise, heat/cold/electrical therapies, movement training, wheelchair training and assistive device training. The center also offers balance training to help patients improve their balance, increase agility, and develop muscle tone. Our Physical Therapy program treats adults and children in both the inpatient and outpatient settings.

### Occupational Therapy

The therapist will rehabilitate or develop various skills that allow individuals to accomplish daily living tasks, live an independent lifestyle, return to work, and/or adapt to a permanent loss. Treatments may include exercise, activities of daily living training, adaptive equipment recommendations and training, edema management, and wheelchair training.



**A comprehensive approach  
to rehabilitation.**

Our Occupational Therapy program treats adults and children in both the inpatient and outpatient settings.

### Speech Therapy

Speech Therapists evaluate, diagnose, and treat patients with communication and swallowing disorders. These disorders may result from a variety of causes such as a stroke, brain injury, hearing loss, developmental delay, dementia, or other neurological impairment. Our Speech Therapy program treats a broad spectrum of diagnoses in adults and children in both the inpatient and outpatient settings. We are also the only area hospital to offer the FEES (fiberoptic endoscopic evaluation of swallowing) study.

**For more information, contact  
Abbeville Area Rehab & Wellness  
at 864-366-2187**