



Making informed end of life decisions will help your family in difficult situations.

The Conversation Project

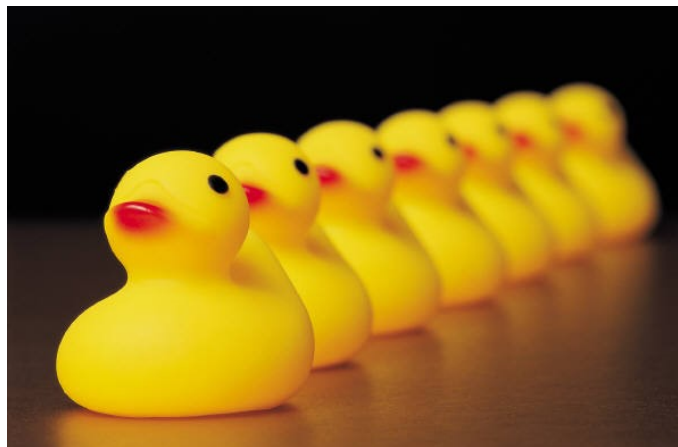
The Conversation Project is a national community engagement campaign encouraging individuals to make informed decisions about end-of-life care and services.

- Learn about options for end-of-life services and care.
- Implement plans to ensure wishes are honored.
- Voice decisions to family, friends, and health care providers.
- Engage in personal or community efforts to improve end-of-life care.

It's Your Choice

It's time to get "your ducks in a row." Make the decision to have a plan so that your family won't have to suffer in difficult situations.

Advanced Care Planning is more than beneficial to the individual; it is also beneficial to the family and friends. Having an Advanced Care Plan can allow your wishes and desires to be heard and followed.



It's time to get your "ducks in a row!"

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Advanced Care Planning

Planning for Important Health Care Decisions



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Before You Begin

Check to be sure that you have the materials for each state in which you may receive health care.

These materials include:

- Instructions for preparing your advance directive, please read all the instructions.
- Ask your caregiver for forms or look them up online.

It's Your Life

There are packets that can be taken and filled out at your convenience if you choose not to do so right now. If you need assistance we have trained individuals who can help.



Action Steps

1. You may want to photocopy or print a second set of all forms so you will have a clean copy if you need to start over.
2. When you begin to fill out the forms, refer to the gray instruction bars—they will guide you through the process.
3. Talk with your family, friends, and physicians about your advance directive.
4. Once the forms are completed and signed, photocopy the forms and give them to the person you have appointed to make decisions on your behalf.
5. You may also want to save a copy of your form in an online personal health records application program, or service that allows you to share your medical documents with your physicians, family, and others who you want to take an active role in your advance care planning.



Preparing an Advanced Care Plan now can allow your wishes and desires to be heard and followed.

To receive a packet or more information about Advanced Care Planning, please call 864-366-3312 or email adminassistant@AbbevilleAreaMC.com